

## **Community partner details**

With over 2700 community visitors each week the Sport and Wellbeing Park is a focal point for local community sport and activity. More information on clubs running activity out of the facility can be found below:

### **City of Durham Fives Club**

Rugby Fives is a game that is fast, fun and great for fitness and enjoyed by players of all standards. Games can be played in singles or doubles format in a four-sided court. Players – using leather gloves worn on both hands – aim to hit the ball above the bar running across the front wall, so that the opposition cannot return it before the second bounce. For more details about the club visit:

<https://cityofdurhamfives.uk>

### **Durham City Harriers**

A long established running and athletics club based in Durham city, catering for a range of track and field events. The club has both junior and senior sections. For more information visit:

[www.durhamcityharriers.org.uk](http://www.durhamcityharriers.org.uk)

### **Durham City Hockey Club**

The club have a number of mens, ladies, mixed adult teams for which they welcome new members. There is also a junior hockey section, running in partnership with Durham University Hockey Club on Sundays at the Sport and Wellbeing park. For more information go to;

[www.durhamcityhockey.com/](http://www.durhamcityhockey.com/)

### **Durham Mums on the Run**

A friendly inclusive running group for women in Durham who run or want to start running. The group welcome female runners of all abilities, with many members who aren't mums. The focus is on running improvement, getting fit and strong, all whilst having a great time For more details go to; [groups.runtogether.co.uk/DurhamMumsontheRun](https://groups.runtogether.co.uk/DurhamMumsontheRun) [www.facebook.com/DurhamMumsontheRun/](https://www.facebook.com/DurhamMumsontheRun/)

### **Durham Women Football Club**

Durham Women FC formed in 2014, as a merger between South Durham & Cestria Girls and Durham University. Based at New Ferens Park and playing in the FA Womens' Championship the club also train at the Sport and Wellbeing Park. See below for more information: [www.durhamwfc.co.uk](http://www.durhamwfc.co.uk)

### **Elvet Striders**

Based in Durham City, with training sessions at the Sport and Wellbeing Park, this running club caters for runners of all abilities. For more information on the club visit: [www.elvet-striders.uk](http://www.elvet-striders.uk)

### **Laszlo's Fencing Club**

Delivering sessions from the state-of-the-art fencing facility at the Sport and Wellbeing Park, the fencing club has classes for ages 8yrs and above, from beginners to elite level, under the tutelage of Olympic coach Laszlo Jakab. See the links below for more details:

[www.facebook.com/laszlofencing/](https://www.facebook.com/laszlofencing/) or [laszlofencing.teamapp.com](https://laszlofencing.teamapp.com)

### **Shincliffe Juniors Football Club**

The club provide opportunities for children to have fun and develop through competitive sport in a welcoming, encouraging environment. It is an FA charter status club, and more information on regular sessions and teams can be found here: [www.facebook.com/ShincliffeJuniorsFc/](https://www.facebook.com/ShincliffeJuniorsFc/)

